

Drug Rehab Information

There are many free options to get help for substance abuse and drug dependency in today's market. 12 Step Programs such as Narcotics Anonymous and Alcoholics Anonymous are free. However, many people need detox and a treatment facility. This web page is written to help guide some one through the drug rehab process.

Drug Addiction, Alcoholism, Drug Rehab, Detox - these are topics searched for very often in Google, Yahoo, MSN and other search engines. As addicts and their families are learning about choosing the right drug program or alcohol rehab they will be enticed by all the bells and whistles the best marketing can buy.

Choosing the right drug rehab program or addiction treatment facility without knowing rehab information is hard to determine these days. We hope this site can become a drug treatment reference for anyone seeking help from drug abuse and wanting to find drug rehab information. Many programs say they are the best. The bottom line is if an addict truly wants to get clean they can. Many addicted individuals can go to a treatment center and detox and leave with 30 days clean - the trick is what happens after leaving treatment. Remember getting clean is usually in a safe environment - staying clean from active addiction away from a drug treatment program is another issue altogether.

I have found that a treatment center that can offer a continuum of care - where the alcoholic has the opportunity to stay long enough to go through detox, treatment, then to a lower level of care like sober living, or outpatient all while staying connected and accountable to their doctors, clinicians, and local 12 step community - will have the best chance. I always suggest the family member ask about the family services when considering sending a loved one to a chemical dependency program. The family services and counseling for codependency, enabling, marriage counseling ...are just as important for the family as the person afflicted with the disease of alcoholism or addiction.

The cost of the average treatment center is \$30,000.00 for 30 days. This is usually an all inclusive rate and if you are searching on the internet - you will find the private pay high end programs advertising. If you can afford this level of care - awesome - but if you can not - do not be discouraged. There are programs that will finance treatment, there are sliding scale programs, county programs. So...where do you start?

Rehab Basics

What to ask yourself when choosing a drug rehab for yourself or a loved one:

1. What can you afford - spare no expense on your loved one, however, residential addiction treatment programs can range in cost from \$7,000 per thirty days up to \$60,000. Do not be embarrassed to ask for a discount or payment plan. The drug facility is a business and it never hurts to ask.

There are many free, low cost, and federally funded programs. Do not get discouraged. If you want help you will find it!

2. Does your insurance cover treatment? If you have insurance, call the insurance company to have your benefits explained to you. Many times insurance companies have worked out pre-determined rates for their clients afflicted with the disease of addiction. It is your responsibility to find out. Sometimes there is an out-of-pocket expense, sometimes it is covered 100%. Many times insurance companies only pay for an alcohol or drug detox. Do not rule out your insurance coverage because you are addicted to a street drug like crack or heroin. Call and do the research, it can really help out upon admission to a treatment program if you are educated about your benefits.

If you have a policy that is contracted with a facility - call that facility, take a tour, be sure it is the right place. Many times if your policy has an in-network benefit, it also has an out of network benefit. Treatment centers that are not contracted with your insurance company may agree to take your out of network benefit and you can set up arrangements for the balance.

Know your options!

Tough Times

Drug Rehab - 12 Step Recovery

Written by

Tuesday, 28 August 2007 18:08 - Last Updated Tuesday, 15 September 2009 09:51

Times change. Everything around us is in a whirlwind of change and turmoil. The economy is in the toilet. Things get worse, then better. One thing that stays constant is that people find themselves in trouble and they or their friends and family look for help. Addiction is a problem that has hurt people since there were people, and Rehab has been around for a long time. Not all rehab centers are the same though. You need to do your research. While some drug rehabs are relatively inexpensive and will take insurance, some are pricy and won't.

Crystal Meth is taking over in southern California where we are, and we know that alcoholics still suffer from alcoholism, heroin addicts still suffer from heroin addiction. If you are looking for a specific treatment center, we did find a site that seems to be able to help people in any city or state regardless of their financial situation. Check Hopelinks.net. Internationally, there are programs that we are hearing of in the UK, Dubai, and Switzerland that treat addiction. The purpose of this site is mainly to help anyone seeking recovery find it. We do not promote or support any one drug rehab center or drug treatment center over the other. Many treatment centers let us know about their services and if you cannot find any treatment that suits you, please don't hesitate to email us and we will do our best to help you find treatment.

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