

Need Help Understanding Addiction - 12 Step Recovery

Written by Gale Fredricks

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Hi,

I am a mother trying to learn more about drug addiction. My daughter is an addict of Meth and has used many other drugs in the past. To be able to help her, I need to understand what she is going through. She is currently in jail. I sent her a few true story letters relating to drug addiction experiences of other people and it really interest her and is helping her I believe. Other inmates would like me to send them letters as well and I would like to send as many letters and words of encouragement to all that I can in jail. If you have a true story that you will allow me to share, please send it to me. Also, any information you would like to give me relating to drug addiction will be appreciated. R.G. Fredricks